



## Final Program

NAPSS Cebu, Philippines

Saturday, September 28, 2013 (Nina Ballroom)	
0730 – 0815	Registration, Vendor Exhibits
0815 – 0830	Welcome & Announcements, Introduction to NAPSS
0830 – 0930	<b>Sleep and the General Practitioner</b> – Alon Avidan, MD, MPH
0930 – 1030	<b>Parasomnias</b> – Alon Avidan, MD, MPH
1030 – 1100	<b>Break</b> - Exhibitor Display – Refreshments
1100 - 1145	<b>Sleep &amp; Cardiovascular Disease</b> - Danilo N. Ablan, MD, RPSGT, FCCP, FAASM
1145 – 1245	<b>Lunch</b> - Exhibitor Display
1245 – 1345	<b>Scoring Wake &amp; Sleep</b> - Glenn Roldan, RPSGT, RST
1345 – 1430	<b>Insomnia &amp; Cognitive Behavioral Therapy</b> - Ely Hibionada, MD, RPSGT
1430 – 1500	<b>Break</b> - Exhibitor Display - Refreshments
1500 - 1600	<b>Clinical Guidelines to Manual PAP Titrations</b> - Glenn Roldan, RPSGT, RST
1600 - 1630	<b>Home Sleep Testing</b> – Brett McLaren, MSc (Sleep), Postgrad DipEd, BMus, BSc
1630 - 1700	<b>Board Certification</b> - Glenn Roldan, RPSGT, RST

Sunday, September 29, 2013 (Nina Ballroom)	
0830 - 0915	<b>PAP Compliance: How to maintain patient compliance</b> - Carol Yoshimura, RRT/RPSGT
0915 - 1000	<b>Distraction Osteogenesis of OSA Patients</b> - Lim Kwong Cheung, MD BDS (Glasgow), FFDRCS (Ireland), FDSRCPS (Glasgow), FRACDS (Australia), FRACDS (OMS) (Australia), PhD (HK), Hon FDSRCS (Edin), FHKAM (Dental Surgery), FCDSHK (Oral and Maxillofacial Surgery)
1000 - 1015	<b>Break</b> – Exhibitor Displays
1015 - 1100	<b>Scoring Jeopardy</b> – NAPSS Team
1100 - 1130	<b>Artifact or Fiction?</b> – NAPSS Team
1130 - 1230	<b>Lunch</b>
1230 - 1315	<b>Complex Sleep Apnea</b> - Brett McLaren, MSc (Sleep), Postgrad DipEd, BMus, BSc
1315 - 1330	<b>Closing Remarks</b>

This program has been approved by:  
The American Association for Respiratory Care (AARC) for 10 CRCE hours,  
And The Board of Registered Polysomnographic Technologists for 10.0 CEC's hours



## SPEAKERS

**Alon Avidan, MD, MPH**

Professor of Neurology  
University of California Los Angeles  
Director, UCLA Sleep Disorders Center  
Director, UCLA Neurology Clinic, USA

**Danilo N. Ablan, MD, RPSGT, FCCP, FAASM**

Medical Director, The Sleep Lab at the Medical Plaza SFMC-West (Hawaii),  
Clinical Instructor, University of Hawaii Medical School, Pulmonary,  
Critical Care, Sleep Medicine Division, USA

**Lim Kwong Cheung, BDS, FFDRCS, FDSRCPS, FRACDS,  
FRACDS (OMS), PhD (HK), Hon FDSRCS, FHKAM, FCDSHK**

Chair Professor of Oral and Maxillofacial Surgery,  
Faculty of Dentistry, University of Hong Kong, Hong Kong

**Ely Hibionada, MD, RPSGT**

Sleep Disorders Specialist,  
Medicus Center for Sleep Medicine, Philippines

**Brett McLaren, MSc (Sleep), Postgrad DipEd, BMus, BSc**

Regional Clinical Specialist MSc (Sleep)  
ResMed, Singapore

**Glenn Roldan, RPSGT, RST**

Program Director/President, NAPSS, Course Director, Sleep Educators,  
Chair, BRPT International Task Force  
VP, Clinical Operations, N2Sleep

**Carol Yoshimura, RRT, RPSGT**

Secretary, NAPSS,  
Senior Respiratory Therapist, Pulmonary Sleep Disorders Center,  
Kuakini Medical Center, USA